Review article

Forensic Aspects of Rape in Bangladesh: A Comprehensive Review

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Abstract

Rape is a severe form of sexual violence that not only traumatizes victims but also poses critical challenges to legal and forensic systems, particularly in developing countries like Bangladesh. Despite growing public awareness and legislative measures, rape remains underreported and under-prosecuted. Forensic medicine plays a pivotal role in the investigation and prosecution of such cases, but systemic issues often hinder effective outcomes. This review aims to explore the forensic aspects of rape cases in Bangladesh, highlighting current practices, limitations, and the intersection of forensic medicine with the legal and socio-cultural framework. An extensive literature review was conducted using peer-reviewed articles, forensic case studies, government and NGO reports, and legal documents relevant to the forensic examination and prosecution of rape in Bangladesh. Findings reveal that Bangladesh faces numerous challenges in addressing rape cases, including delays in reporting, inadequate forensic infrastructure, lack of trained personnel, and prevailing cultural stigma. The poor collection and preservation of biological evidence often lead to weak prosecution and low conviction rates. Although legal frameworks such as the Penal Code of 1860 and the Women and Children Repression Prevention Act exist, their implementation is inconsistent and undermined by systemic barriers. Enhancing forensic capacity, promoting victim-centered approaches, ensuring timely evidence collection, and addressing social stigma are essential to improving justice delivery in rape cases in Bangladesh. Strengthening collaboration between forensic experts, healthcare providers, and legal professionals is crucial for reforming the current system.

Keywords: Rape, Forensic Medicine, Sexual Violence, DNA Evidence, Legal Framework, Sexual Assault Investigation, Victim Support, Criminal Justice, Socio-cultural Barriers

Introduction

Rape remains one of the most severe forms of sexual violence, posing significant physical, psychological, and

societal consequences for victims. In Bangladesh, despite increasing awareness of gender-based violence, the crime of rape continues to be underreported and inadequately

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addressed within the forensic and legal frameworks. Rape is not only a violation of individual rights but also a public health issue, deeply intertwined with societal norms, legal structures, and healthcare provisions. The complexities surrounding the investigation and prosecution of rape cases in Bangladesh highlight the urgent need for systemic changes, particularly in forensic practices and legal reforms.

Forensic medicine plays a crucial role in sexual assault cases, serving as the cornerstone for collecting evidence that can substantiate the victim's account and assist in convicting the perpetrator. In a country like Bangladesh, where the rate of reported rape cases has steadily increased, forensic investigations are vital to ensure that justice is served. However, forensic practices in Bangladesh face a multitude of challenges, including a lack of trained medical professionals, insufficient infrastructure, cultural barriers, and long delays in processing cases. These challenges significantly impact the timely and effective collection of forensic evidence such as DNA samples, which is essential in establishing the identity of the perpetrator and securing convictions.

In addition to forensic challenges, cultural stigma surrounding sexual violence plays a significant role in hindering the reporting and investigation of rape cases. Victims, often women and children, are reluctant to come forward due to fears of social ostracism, victim-blaming, and threats of violence from perpetrators or their families. This silence perpetuates a cycle of underreporting and impedes the ability of law enforcement and medical professionals to respond effectively. Victims of sexual violence may also face difficulty accessing timely medical care, especially in rural areas, where healthcare infrastructure is often inadequate.

Despite these challenges, Bangladesh's legal framework does provide provisions for prosecuting rape cases. The Penal Code of 1860 amended over the years, as well as the Women and Children Repression Prevention Act, are central to the legal prosecution of sexual assault. However, legal delays, bureaucratic inefficiencies, and the underrepresentation of women in the judicial system often contribute to the low conviction rates in rape cases. Legal professionals and the judiciary in Bangladesh frequently fail to follow best practices in handling rape cases, often due to a lack of understanding of the importance of forensic evidence or bias stemming from societal norms.

The issue of underreporting and delayed investigations further complicates the process, as the chances of collecting valuable forensic evidence diminish over time. Timely evidence collection within the "golden hour" after an assault is critical to ensure that DNA and other biological materials are preserved. Without proper forensic analysis, the criminal justice system struggles to prove the

occurrence of the crime beyond a reasonable doubt, resulting in numerous cases being dismissed or accused individuals being acquitted due to lack of evidence.

This review article aims to examine the forensic aspects of rape investigations in Bangladesh, focusing on the current challenges, legal implications, and the role of forensic evidence in the prosecution of rape cases. By evaluating existing literature, forensic reports, and legal outcomes, this article seeks to identify key areas where improvements are necessary. Additionally, the review will recommendations for overcoming the challenges in forensic investigations, which can enhance the effectiveness of the justice system in addressing sexual violence in Bangladesh. In the following sections, we will discuss the various factors that affect the forensic investigation of rape cases, including the impact of cultural stigma, delays in medical reporting, limitations in forensic training, and the role of the legal system in ensuring justice. Through these discussions, this article aims to provide a comprehensive overview of the state of forensic investigations in Bangladesh and suggest ways to improve the country's ability to handle such cases with sensitivity, efficiency, and fairness.

Medical Examination and Evidence Collection

Medical examination is a cornerstone of forensic investigations into rape. The forensic doctor is tasked with documenting physical injuries, collecting biological samples, and assessing the victim's psychological state. The Forensic Rape Kit, a set of tools used to gather biological evidence from the victim's body and clothing, is essential for successful investigations. However, in Bangladesh, there are gaps in the availability and proper use of these kits, particularly in rural areas.

- 1. Physical Injuries: The presence of injuries, including bruising, lacerations, or tears, is one of the most critical pieces of evidence in a rape investigation. Injuries around the genital, perineal, and anal areas may suggest forceful penetration. The severity of these injuries can help estimate the level of violence involved in the assault. Forensic doctors must document these injuries in detail, providing evidence that could be used in court.¹
- 2. Biological Evidence: The collection of biological evidence, such as semen, saliva, and hair, is essential for DNA testing. DNA evidence is one of the most reliable forms of forensic evidence in sexual assault cases. If the perpetrator's identity is unknown, DNA testing can help match biological material found on the victim with a suspect.²
- 3. Psychological Assessment: Rape victims often suffer from significant psychological trauma. A forensic psychological evaluation is necessary to document the emotional and mental impact of the crime. Victims

may exhibit symptoms of post-traumatic stress disorder (PTSD), depression, or anxiety. Psychological reports can further corroborate the victim's account and provide insight into the long-term effects of the assault.³

Forensic Pathology in Rape Cases

In cases of fatal rape, forensic pathology plays a critical role in determining the cause of death. Forensic pathologists conduct autopsies to identify injuries, analyze the time of death, and assess whether sexual violence contributed to the victim's demise.

- 1. Determining Cause of Death: The forensic pathologist looks for signs of trauma, such as bruising or hemorrhages, which may indicate a violent assault. In cases where the victim dies from asphyxiation or blunt force trauma, the pathologist can use the autopsy to confirm the cause of death and link it to the assault.⁴
- 2. Toxicology: Toxicological analysis is crucial when there is suspicion that the victim was drugged or intoxicated. Drugs such as benzodiazepines or alcohol may be used to incapacitate the victim, making it easier for the perpetrator to commit the crime. Toxicology reports can help confirm the presence of such substances and may provide evidence to support the victim's account of the assault.⁵
- 3. **Defensive Wounds:** Forensic pathologists also look for defensive wounds, which can help determine whether the victim attempted to resist the assault. The presence of defensive wounds on the hands, arms, or face can support the claim that the victim fought back, which may be significant in establishing the level of force used during the attack.⁶

Legal Framework and Procedures in Bangladesh

The legal framework surrounding rape in Bangladesh has undergone significant reforms in recent years. The Penal Code of 1860 and the Women and Children Repression Prevention Act, 2000 define and criminalize sexual offenses, including rape. However, despite these laws, the implementation remains problematic.

- 1. Penal Code of 1860: According to the Penal Code, rape is defined as sexual intercourse without consent. This law also provides for stringent penalties, including life imprisonment or the death penalty. However, the law is often criticized for its narrow definition and failure to adequately address issues such as consent and marital rape.⁷
- 2. Women and Children Repression Prevention Act, 2000: This Act was enacted to provide stronger protection to women and children, including victims of sexual violence. It prescribes harsher penalties for rape and other forms of sexual violence. However, its appli-

- cation is often inconsistent, particularly in rural areas where traditional gender roles may influence legal outcomes.⁸
- 3. Challenges in Law Enforcement: One of the major issues with the legal framework is the lack of timely enforcement. Delays in filing reports, conducting medical examinations, and presenting evidence in court often lead to low conviction rates. Judicial backlog and insufficient victim support exacerbate the problem, making it difficult for victims to seek justice.⁹

Challenges in Forensic Investigations in Bangladesh

The forensic investigation of rape cases in Bangladesh faces several significant challenges. These challenges stem from a combination of factors, including societal attitudes towards rape, a lack of resources, and limited training for forensic experts and law enforcement personnel.

- 1. Cultural Stigma: In Bangladesh, rape is heavily stigmatized, and victims often face social ostracism. This stigma discourages many victims from reporting the crime and seeking medical help. As a result, many rape cases go unreported, and forensic evidence is not collected in a timely manner.¹⁰
- 2. Delayed Reporting: Many rape victims delay reporting the crime due to fear of public shame or retaliation. Delayed reporting can significantly compromise the collection of forensic evidence. The longer the delay, the less likely it is that biological evidence, such as semen or saliva, can be recovered.¹¹
- 3. Inadequate Training: There is a significant shortage of trained forensic experts in Bangladesh, which results in the improper handling of rape investigations. Forensic doctors and police officers often lack the specialized training required to handle sexual assault cases. As a result, important evidence may be overlooked, mishandled, or lost.¹²

Data analysis

Table 1: Reported Rape Cases in Bangladesh (2010-2024)

Year	Number of Reported Cases	Conviction Rate (%)	Percentage of Female Victims (%)	Percentage of Minor Victims (%)
2010	3,000	20	95	40
2011	3,200	18	93	45
2012	3,500	19	94	42
2013	3,800	21	92	46
2014	4,000	19	90	44
2015	4,300	20	91	48
2024	4,500	22	90	50

Analysis:

From 2010 to 2024, the number of reported rape cases in Bangladesh has steadily increased, although the conviction rate remains low. This reflects the ongoing challenges in securing justice for victims, including delays in investigation and trial processes.

Table 2: Age Distribution of Rape Victims (2020-2024)

Age Group	Percentage of Total Victims (%)	
0-10	15	
11-17	30	
18-30	25	
31-50	20	
51+	10	

Analysis:

Children and young adults are the most vulnerable groups, with those between 11 and 17 years of age representing the largest group of victims. This emphasizes the need for targeted interventions and protection measures for minors.¹³

Table 3: Regional Distribution of Rape Cases in Bangladesh (2023)

Region	Number of Rape Cases	Percentage of National Total (%)
Dhaka Division	1,200	27
Chittagong	800	18
Khulna	600	14
Rajshahi	500	11
Other Regions	1,000	30

Analysis:

Dhaka Division, being the most populous, sees the highest number of rape cases. However, the significant number of cases in other regions suggests underreporting in rural areas.¹⁴

Discussion

The forensic investigation of rape in Bangladesh faces significant challenges that hinder the pursuit of justice for victims. These challenges stem from cultural, societal, and institutional factors, including the stigma surrounding sexual violence, delays in reporting, inadequate training for forensic professionals, and deficiencies in the legal and judicial system. This section will explore these challenges in greater detail and propose actionable recommendations for improvement, focusing on the forensic aspects of rape cases.

Cultural Stigma and Social Barriers

One of the most significant obstacles to addressing rape effectively in Bangladesh is the strong social stigma that surrounds both the victim and the crime. Rape is often perceived as a shameful act, and survivors are frequently blamed for their assault. This societal stigma leads many victims to avoid reporting the crime, fearing ostracism or further victimization. In a country where family reputation and honor hold substantial cultural value, the fear of public exposure often prevents victims from seeking justice or receiving the necessary medical examination.

The stigma surrounding rape is compounded by deeply rooted patriarchal values, which often result in the victim-blaming culture. According to some studies, women's testimony in rape cases is often doubted or dismissed, especially if the perpetrator is a family member, neighbor, or someone from a higher socio-economic background. These factors contribute to underreporting, which significantly hinders the ability of forensic investigations to gather enough evidence to prosecute offenders effectively.^{15,16}

The lack of public awareness about the legal rights of rape victims exacerbates this issue. Many individuals, particularly in rural areas, are not aware of the medical, psychological, and legal support systems available to them. Educating the public on these matters could encourage victims to report crimes more promptly and seek the necessary forensic support to substantiate their claims. Public campaigns that challenge the stigma surrounding rape, promote victim support services, and educate communities about the importance of reporting crimes are critical in combating these barriers.

Delays in Reporting and Evidence Collection

Another major issue in the forensic investigation of rape cases is the delayed reporting of the crime. Many rape victims delay seeking medical attention for a variety of reasons, including fear of shame, lack of access to healthcare, or the desire to avoid involvement with law enforcement. This delay significantly impairs the ability to collect critical forensic evidence, such as semen, saliva, or other biological traces that may have been left at the crime scene or on the victim's body. The time-sensitive nature of forensic evidence in sexual assault cases means that delays in reporting can severely limit the chances of obtaining DNA samples that could identify the perpetrator.

The Golden Hour, a term used in forensic medicine to describe the period immediately following a crime, is especially important in rape cases. The longer a victim waits to undergo a medical examination, the higher the likelihood that biological evidence will degrade or disappear. In many cases, inadequate forensic infrastructure, such as poorly equipped medical centers or inadequate training of healthcare providers, means that evidence is not properly collected or preserved. In some rural areas, victims may not have access to basic forensic services like rape kits or DNA testing. 18,19

To address this issue, it is essential that victims are provided with comprehensive information at the time of the crime,

including emergency contact numbers, information on how to seek medical care, and the importance of timely evidence collection. Additionally, healthcare facilities across the country must be equipped with the necessary forensic tools, and medical professionals should receive regular training on how to handle sexual assault cases.^{20,21}

Inadequate Forensic Infrastructure and Training

Forensic expertise is crucial to ensuring that evidence is collected accurately and preserved for use in legal proceedings. In Bangladesh, however, there is a significant shortage of trained forensic doctors and specialists in sexual assault cases. Many general practitioners, who may not have the expertise needed for forensic work, are tasked with conducting medical examinations. As a result, important forensic evidence may be overlooked, improperly handled, or not collected at all.

The lack of specialized forensic training for medical professionals and law enforcement officers also hinders the quality of investigations. Forensic exams for rape victims require meticulous attention to detail, from the collection of biological samples to the documentation of physical injuries. Without proper training, these professionals are less likely to follow established protocols, leading to inconsistencies in the evidence-gathering process. Furthermore, the lack of awareness among law enforcement officers about the importance of forensic evidence means that investigators may not prioritize collecting vital materials or may fail to preserve the chain of custody, rendering the evidence inadmissible in court.^{22,23}

To address these deficiencies, the government of Bangladesh must prioritize the development of specialized forensic units at hospitals and police stations. These units should be staffed with trained professionals who are capable of conducting thorough forensic investigations and managing rape cases from start to finish. Moreover, law enforcement officers must be educated about the importance of evidence handling and chain of custody to ensure that forensic evidence remains intact throughout the investigation process.²⁴

Legal and Judicial Challenges

The legal system in Bangladesh provides a robust framework for prosecuting rape, with laws such as the Penal Code of 1860 and the Women and Children Repression Prevention Act providing clear definitions and penalties for the crime. However, the implementation of these laws faces significant challenges. One of the primary obstacles is the slow pace of judicial proceedings. Due to the backlog of cases in the courts, rape cases often take years to reach a verdict. During this time, victims may lose interest in pursuing the case, and perpetrators may continue to evade justice. This results in a low conviction rate, further undermining the credibility of the legal system.25,26

Another issue is the inconsistent application of laws. In some cases, judges and prosecutors may be influenced by

cultural norms that prioritize family reputation over the rights of the victim. In cases where the perpetrator is well-connected or influential, there may be a tendency to overlook or downplay forensic evidence in favor of settlements or acquittals. Additionally, the burden of proof in rape cases is often placed on the victim, who must demonstrate that the assault occurred. This can be especially difficult when forensic evidence is incomplete or degraded due to delays in reporting.

Recommendations for Reform

In light of these challenges, several reforms are needed to improve the forensic handling of rape cases in Bangladesh:

- 1. Strengthen Forensic Infrastructure: Bangladesh should invest in establishing dedicated forensic units within hospitals and police stations to ensure the timely and proper collection of evidence. These units should be equipped with rape kits, DNA testing facilities, and specialized forensic tools.
- 2. Improve Forensic Training: Continuous training programs should be developed for medical professionals, law enforcement officers, and forensic experts. These programs should cover the proper procedures for handling sexual assault cases, evidence collection, and maintaining the chain of custody.
- 3. Increase Public Awareness: Public education campaigns are essential to encourage victims to report crimes promptly and seek medical help. These campaigns should focus on victim rights, the importance of early reporting, and the availability of victim support services.
- 4. **Reform the Judicial System:** The government should prioritize the establishment of specialized rape courts to expedite the trial process and reduce the backlog of cases. Additionally, reforms should be introduced to ensure the consistency and fairness of trials, particularly in cases involving influential perpetrators.
- **5. Enhance Legal Aid:** Access to legal aid services should be expanded to ensure that victims of sexual violence have the necessary resources to navigate the judicial process.

Conclusion

The forensic investigation of rape in Bangladesh faces significant barriers, including cultural stigma, inadequate forensic infrastructure, delays in reporting, and legal system inefficiencies. These challenges contribute to low conviction rates and a lack of justice for victims. To improve the situation, comprehensive reforms are needed in the areas of forensic training, infrastructure, public awareness, and legal procedures. By addressing these challenges, Bangladesh can create a more effective system for investigating and prosecuting rape, ensuring that victims receive justice and perpetrators are held accountable.

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